



# In the HEADlines.

M I D W E S T

EAR, NOSE & THROAT

*"Feel better."*

October 2016 | [www.midwestent.com](http://www.midwestent.com)

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<https://www.google.com.au/search?q=Midwest+Ear,%20Nose%20&%20Throat%20Hearing%20Center&udocid=17938277987361978996&#lrd=0x0:0xf8f190c9d6eb7a74,1>



## Pediatric Sinusitis

Your child's sinuses are not fully developed until late in the teen years. Although small, the maxillary (behind the cheek) and ethmoid (between the eyes) sinuses are present at birth. Unlike in adults, pediatric sinusitis is difficult to diagnose because symptoms of sinusitis can be caused by other problems, such as viral illness and allergy. How can you tell if your child has sinusitis? The following symptoms may indicate a sinus infection in your child:

- a cold lasting more than 10 to 14 days, sometimes with a low-grade fever
- thick yellow-green nasal drainage
- post-nasal drip, sometimes leading to or exhibited as sore throat,

*Continued on next page.*

## Symptoms of Hearing Loss

Do you find yourself asking people to repeat themselves more often than you used to? Or asking, “what did you say” a lot? Check out our video below featuring our amazing audiologist, Bob Froke. In this video, he gives suggestions on how to know if it’s time to come in and get your hearing evaluated from one of our highly trained audiologists. Call to schedule your appointment today! Call 413-1100 to schedule your appointment time and HEAR BETTER!

Read more: <http://www.midwestent.com/video-gallery#symptoms-of-hearing-loss>



## Snoring and Sleep Apnea

Having trouble sleeping at night? Or are you keeping your spouse up all night? Here is some helpful insight into sleeping disorders, snoring, and sleep apnea: Forty-five percent of normal adults snore at least occasionally and 25 percent are habitual snorers. Problem snoring is more frequent in males and overweight people and usually worsens with age. Snoring may be an indication of obstructed breathing and should not be taken lightly. An

otolaryngologist can help you to determine where the anatomic source of your snoring may be, and offer solutions for this noisy and often embarrassing behavior. Read more on snoring and other sleep disorders, diagnosis, and treatment options below!

Read more: <http://www.midwestent.com/patient-health-information/nose-and-mouth/snoring-and-sleep-apnea>

Pediatric Sinusitis continued:

- cough, bad breath, nausea and/or vomiting
- headache, usually in children age six or older
- irritability or fatigue
- swelling around the eyes

Click here to find out more and see what treatment options are available for your child if diagnosed with acute or chronic sinusitis.

Read more: <http://www.midwestent.com/patient-health-information/kids-ent-health/pediatric-sinusitis>

## Bob’s Story

### A look into our audiologist’s personal journey through hearing loss.

Many of you know our wonderful audiologist, Bob Froke. He has written a touching and heartfelt story on his own personal hearing loss story and how it has influenced him in treating his own patients and being able to experience what they are feeling. “What really hit me hard was hearing myself say all the things my patients tell me when they’re dealing with hearing loss, like, people mumble all the time, or people don’t speak up, or you don’t look at me when you talk. That really convicted me and I decided to discuss the matter with my three colleague audiologists. One of them gave me a very thorough hearing test, and to my surprise, I found I had lost almost forty decibels of hearing!” Read the full story of Bob’s journey here... We promise you won’t be disappointed, and it has a happy ending!!

Read more: <http://www.midwestent.com/services/hearing/hearing-center-blog/453-bob-s-story>





# Our providers:



Paul Cink, MD, FACS



Greg Danielson, MD



Bethany Helvig, MD, FACS



Peter Kasznica, MD



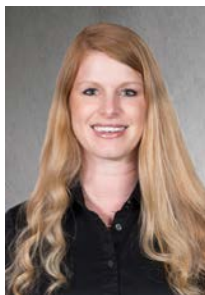
Kenneth Scott, MD, FACS



Thomas Tamura, MD



Daniel Todd, MD, FACS



Melissa Baker, MA, CCC-A



Kelcey Cushman AuD, CCC-A



Robert Froke MA, CCC-A



Carolyn Duenwald, PA-C



Marc Ellwein, PA-C/MPAS



Shantel Schumack, PA-C

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## Allergy Center

2315 West 57th Street  
Sioux Falls, South Dakota 57108  
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Toll-free 888-336-3503  
Fax 605-275-2056

## Hearing Center

2315 West 57th Street  
Sioux Falls, South Dakota 57108  
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Toll-free 888-336-3503  
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## Sleep Center

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