



# In the HEADlines.

M I D W E S T

EAR, NOSE & THROAT

*"Feel better."*

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<https://www.google.com.au/search?q=Midwest+Ear,%20Nose%20&%20Throat%20Hearing%20Center&udocid=17938277987361978996&#lrd=0x0:0xf8f190c9d6eb7a74,1>



## Suffering Allergy and Sinus Woes... Best to Leave it to the Pros.

Your head is throbbing, nose is plugged and the amount of pollen in the air is staggering. Yes, another sinus infection. Or maybe not? Recent studies show that the majority of those who suffer symptoms such as plugged noses, sinus pressure, itchy and watery eyes and fatigue often self-diagnose and get it wrong. Which means the condition is treated incorrectly and their quality of life is negatively affected. Thankfully, there are highly-trained physicians that perform

*Continued on next page.*



## 8 Rousing Reasons To Put a Hearing Test At The Top Of Your “Done” List

Of all the life hacks for better living, taking care of your hearing is among the smartest — and it yields an incredible ROI. In short, getting a hearing test is worth it. No matter what your age, untreated hearing loss can take its toll. The catch is, hearing loss is stealthy. It's usually hard to notice at first. In fact, it tends to come on so gradually that it tricks you into oblivion. Then it robs you of more than you realize, sooner than you realize.

From pilfering away at your relationships and quality of life, to putting you at risk for other health conditions, untreated hearing loss is a silent thief. And don't think for a minute that you're too young

to think about hearing loss — you're not. It's a noisy world. You're part of it. And the numbers show that hearing loss is becoming more common among younger adults — in their 20s and 30s. So make sure you value your hearing. It's a treasure worth keeping. To give you an extra push, click here for eight reasons why you should get a hearing test today.

Call 413-1100 to schedule your appointment time and hear better!

Read more: <http://www.midwestent.com/services/hearing/hearing-center-blog>

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[Suffering Allergy and Sinus Woes... Best to Leave it to the Pros](#) continued:

specialized testing on patients with allergy and sinus-related symptoms to properly diagnose and treat. In other words, leave it to the pros if you want to feel better.

Daniel Todd, MD at Midwest Ear, Nose and Throat, has 20 years working with sinus, allergy and nose surgery patients. Even after two decades of experience and emerging advances in health care, he still says people don't know where to turn with chronic nasal symptoms. He adds that one of the reasons is the fact there are a number of causes. “Allergies are but a single cause of nasal symptoms,” says Dr. Todd. “The nose is really the target organ and that is where we are most exposed in the environment.”

Read more: <http://www.midwestent.com/news/465-it-s-best-to-leave-it-to-the-pros>

# The Undercover Condition

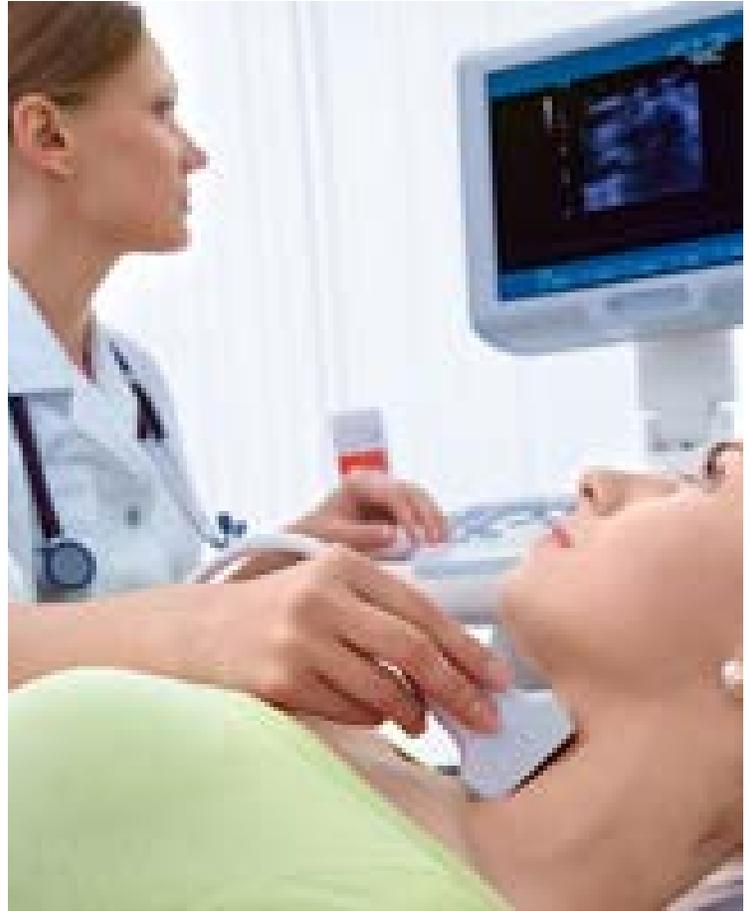
## What You Need to Know About Hypothyroidism

Understanding hypothyroidism is important because it can easily be diagnosed, and with proper treatment, we can successfully cure most patients.

Feeling sluggish or worn down? Have you been experiencing weight gain or dry skin? You may be suffering from a hormonal imbalance called hypothyroidism. But don't fret yet.

These symptoms are often present in the majority of people and only a few are officially diagnosed with the condition. But physicians Peter Kasznica, MD and Thomas Tamura, MD at Midwest ENT do point out that hypothyroidism isn't something to be taken lightly, even though the warning signs are common. Here's a closer look at hypothyroidism and how it's treated.

Read more: <http://www.midwestent.com/news/413-the-undercover-condition>



## Welcome Dr. Danielson

We would like to give a warm welcome to our new physician, Dr. Greg Danielson! Dr. Danielson grew up in Vermont with his parents and younger sister. From there, he went to Saint Lawrence University in Canton, NY where he met his future wife. After college he went to Medical school at the University of Vermont. He got married during medical school and then went into residency at the University of Vermont doing 2 years of general surgery prior to changing to ENT. During his residency, he and his wife had their two sons. His second to last year of residency was spent at Dartmouth Hitchcock Medical Center in New Hampshire.

“During my time as a resident I worked with and got to know Dr. Kasznica and Dr. Tamura, who were also training in ENT at UVM,” said Dr. Danielson. “After completing my residency in ENT I took a job with a large multi-specialty group and practiced in Exeter and Portsmouth, NH. I practiced in NH for seven and a half years. During that time I kept in contact

with Dr. Kasznica who encouraged me to come out to South Dakota and see why this was such a great place to practice ENT and raise a family. Eventually I came to visit and was impressed with the practice and people that I met. After bringing the rest of my family out to see the area, we felt the opportunity was too good to pass up.



Read more about Dr. Danielson's move to Sioux Falls here: <http://www.midwestent.com/news/461-welcome-dr-danielson>

# Our providers:



Paul Cink, MD, FACS



Greg Danielson, MD



Bethany Helvig, MD, FACS



Peter Kasznica, MD



Kenneth Scott, MD, FACS



Thomas Tamura, MD



Daniel Todd, MD, FACS



Melissa Baker, MA, CCC-A



Kelcey Cushman AuD, CCC-A



Robert Froke MA, CCC-A



Carolyn Duenwald, PA-C



Marc Ellwein, PA-C/MPAS



Shantel Schumack, PA-C

## Midwest Ear, Nose & Throat

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## Allergy Center

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Toll-free 888-336-3503  
Fax 605-275-2056

## Hearing Center

2315 West 57th Street  
Sioux Falls, South Dakota 57108  
605-275-1205  
Toll-free 888-336-3503  
Fax 605-275-1289

## Sleep Center

2333 West 57th Street  
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