



# Snoring is not good.

Snoring reduces your body's air supply, reduces the quality of needed rest and may worsen more serious health conditions such as heart disease.

If you snore, or love someone who snores, ask your family doctor for a referral to the Sleep Center of the Midwest, or call directly for a Sleep Evaluation.



A good night's sleep is powerful medicine!

★  
**605-336-3503**

2315 W. 57th Street Sioux Falls, SD 57108

The Sinus & Allergy Center of the Midwest is a subdivision of Midwest Ear, Nose & Throat Associates, P.C.